

a unique experience for those living with dementia or other disabilities

Tea with a Pony

Revisiting long-forgotten memories using the power of horses.



Created by the RDA in 2018, these amazing sessions are designed for elderly people living with dementia or other disabilities.

Spend around 20 minutes enjoying a cup of tea or coffee and a slice of cake whilst watching a riding session from the comfort of our viewing gallery. Then spend some time meeting and stroking one of our friendly ponies before taking in the sights, sounds and smells of the yard. There is also the opportunity to finish with a gentle stroll around our picturesque grounds, enjoying views of the surrounding hills and countryside.

Tea with a Pony sessions cost £15 per person plus one free family member or carer. Sessions can be booked for groups of up to four plus a family member / friend or carer each.

To find out more or to book Tea with a Pony, please call the team at the Cavalier Centre on 01952 443 752 or email info@cavaliercentre.org.uk